

1. lion's share 拿最大的一份
2. college / high school entrance exam 高/中考  
price tag 价格标签
1. table manners 餐桌礼仪
2. blow one's nose 擤鼻涕
3. wear a safety belt 系安全带  
take over the business 接管生意
4. place of interest 名胜古迹
5. the Oriental Pearl TV Tower 东方明珠
6. night view 夜景
7. in a word 总而言之
8. be proud of 为...骄傲
9. financial center trolley 手推车
10. bring sb. sth. = bring sth. **to** sb. 给某人带来...  
buy sb. sth. = buy sth. **for** sb. 给某人买...  
(常考) on the way home 在回家的路上  
branch 分支
11. white fur 白色的动物毛皮  
international 国际的  
native English speaker 土生土长的英语使用者  
local people 当地人
12. menu 菜单

craftsman 手艺人 (p.l. craftsmen)

salesman 销售员 (p.l. salesmen)

**13.order / ask / tell sb. (not) to do sth.** 命令/让/告诉某人(不)  
做某事

**promise (not) to do sth.** 承诺(不)做某事

14.program 程序

programming 编程

15.suggest 建议

suggest doing sth. = suggest (that) sb. (should) do 建议某人  
做某事

suggestion 建议 [C]

advice 建议 [U]

a piece of advice 一条建议

16.dragon boat race 龙舟赛

**the** Dragon Boat Festival 端午节

17.zongzi 粽子 **单复数同形**

18.give advice to the king 给国王提谏言

pass away / be gone 去世 (die 的礼貌说法)

dead 死透了

dying 奄奄一息

death n. 死亡

19.celebrate v. 庆祝 / 赞美

celebration n. 庆祝

20. take one's advice 接受某人的建议

21. later 之后

latest news 最新消息

lose a battle 战败

22. be in danger 处于危险之中

23. sth. take place = happen 发生 无被动

24. remember sb. 纪念某人

in honor of 为了纪念某人

25. a friend of mine 我的一个朋友

citizen 市民

mayor 市长

trainer 训练官

trainee 训练者

26. cost an arm and a leg 价格高昂

27. lose my head 惊慌失措

lose heart 灰心

28. refer to 指代

29. kidney 肾脏

liver 肝脏

lung 肺

stomach 胃

e.g. interviewer 记者 interviewee 被采访者

employer 雇主 employee 员工

address a problem = solve a problem = work out a problem

解决问题

work out 健身

30. let sb. do 让某人做某事

make sb. do 强迫某人做某事

one another 互相

Let's help one another. = Let's help each other. 让我们互相帮助吧

31. come home 回家 无介词无 the

home, there, here 无介词

32. 's 为 has 或 is 的缩写或者所有格, 须按照语境及固定搭配等判断

33. 表示频率的词: always, usually, often, rarely, hardly, never

用 how often 提问

34. put-put-put, cost-cost-cost, read-read-read 做题时注意时态

35. look after = take care of = care for 照顾

36. hail a cab 叫出租车

忍耐 = stand

e.g. The humiliation was more than he could bear. 他已经无

法忍受这种羞辱了

at present = now 在现在

at the moment 在那时

37. a day off 休息一天

pick the nose 挖鼻子

pick the berries 摘（树上的）树莓

pick up the berries 摘（地上的）树莓

gently 轻轻地

gentle 轻柔的

38. die of 死于

39. <sup>th</sup>put off = delay 推迟

put out 扑灭

put on 穿上

put up 放上

put sb. up 收留某人几天

40. midterm exam 期中考试

final exam 期末考试

examination 考试（全称）

41. Tortoise and Rabbit Race 龟兔赛跑

42. die v. 死去

died v. 死去的过去式

dead adj. 死透了

dying adj. 奄奄一息的

death n. 死亡

43.the sign / note say(s) / read(s) ... 标志 / 便签上写道

44.turn to sb. for help 向某人寻求帮助

45.a piece of advice 一条建议

advice [U] 建议

suggestion [C] 建议

46.lose a battle 战败

e.g. Justin was playing games while Miss Shi was reading book.

当 JST 在玩游戏时，石老师在看书

e.g. Justin was listening to the music when they knocked at

Justin's door at midnight. 在深夜，在 JST 听音乐时，他们

敲了 JST 的门....

47.take one's advice = listen to sb. 听取某人的建议

48.tasty = delicious = yummy 美味的，可口的

She pulled the car into a side street. 她把车停在了街边

pull a sled 拉雪橇

parking lot 停车位

49.everything / something nice 所有/一些好的东西

50.the Mid-autumn Festival 中秋节 lose one's life 丧生

lose heart 灰心

51.it is said that 据说

52. **run** about 跑来跑去

pumpkin lantern 南瓜灯

53. sharp eyes / ears 敏锐的眼睛/耳朵

54. dress oneself up 盛装打扮

55. knock at the door 敲门 knock v.

hear a knock 听到敲门声 knock n.

56. 敲门或电话问对方是谁使用: Who is it?

57. buy sb. sth. = buy sth. for sb. 给某人买某物

e.g. on a sunny afternoon 在晴朗的一天下午

58. would rather do A than do B = prefer doing A to **doing** B 比起 B 来更喜欢 A

**此时, to 为介词, 所以后面是 doing, 并非不定式 to do**

prefer A to B 比起 A 来更喜欢 B

59. write sb. sth. = write sth. to sb. 给某人写....

write sb. an e-mail = write an e-mail to sb. 给某人写一封电子邮件

60. Congratulations! 恭喜!

61. emperor 皇帝

62. be burned down 被焚烧了

63. pavilion 亭子, 场馆

China Pavilion 中国馆

64. take photos 拍照

65. a useful book /ju:/ 一本有用的书

an umbrella /ʌ/ 一个雨伞

66. stuffing 馅

stuff sth. with sth. 用...填充...

stuffed animal 标本, 填充棉花的玩偶

thanks to 多亏了

Thanks to Justin's story, I do not feel lonely any more.

多亏了 JST 的小故事, 宝宝再也不感到孤单了呢。

67. a name tag 姓名牌

Chinese rice pudding 八宝饭

68. lose 失败 /lu:z/

lose a battle / war 战败

a loose coat 一件宽松的外套

69. officer 警官, 军官

official news 官方的消息

70. poet 诗人

poem 诗

71. An English teacher named Justin open minded 思想开放的

narrow minded 思想狭隘的

e.g. play football 踢足球

play the piano 弹钢琴

72. besides 此外=in addition = what's more = moreover



73.as a result = as a consequence = therefore 因此

74.o 后加 es 的词语 (有生命): heroes 英雄,potatoes 土

豆,tomatoes 番茄,volcanoes 火山

o 后加 s 的词语 (无生命): photos 照片,pianos 钢琴

75.would rather (not) do sth. 宁愿 (不) 做某事

keep sb. alive 维持生命

live broadcast 直播

76.present = gift 礼物 /'preznt/

present 演示 /pri'zent/

at present = now 现在

present sb. sth. = present sth. to sb. 向某人展示某物

77.it is said that 据说

78.the North Pole 北极

the South Pole 南极

79.be covered with 由...覆盖

80.freezing 冷的

frozen 冷冻的

e.g. It's freezingly cold today. 今天好冷啊

81.chimney 烟囱

82.stocking 长筒袜

sock 短袜

83.at the end of 在...尽头

84.as we all know 众所周知

85.play a big part = play an important role 起到了重要作用

86.chemical reaction 化学反应

take actions 采取措施

87.what great news ( it is )真是一个好消息啊 news [U] 新闻，  
消息

88.under high pressure 在高压下

89.greeting 招呼

90.introduce 介绍，引进

91.take photos 拍照

92.the Spring Festival 春节

New Year's Eve Dinner 年夜饭

93.the Mid-autumn Festival 中秋节

94.Father Christmas Be dressed up 盛装打扮

95.no longer 不再

96.actually 实际上

97.learn 学习某事，听说某事

e.g. Some students are listening to the teacher carefully while

others / other students are playing games when having an

online class. 在上网课的时候，一些同学在认真地听老师  
讲课但另外的同学在玩游戏。 【JST 咬牙切齿】

98.【豪!】appear 出现

disappear 消失

family member 家庭成员

99. custom 风俗

100. shoot the arrows 射箭

101. target 目标

[区别] prize 奖品

price 价格

102. sth. be held = sth. take place = sth. happen 举行

please sb. 取悦某人

103. compete 竞争

competitive 有竞争力的

competitor 竞争者

104. 。【实话】parade 游行

105. crowded 嘈杂的，拥挤的

crowds of people 人山人海

106. dance to music 随着音乐跳舞

107. desert 沙漠

dessert 甜点

108. get together = gather 聚集团聚

109. musician 音乐家

110. participate in = join in = take part in 参加

e.g. I'm coming home~ 我马上回来了~

the coming days 即将到来的几天

111. one / ones 指代前文物品或人

112. would rather do A than do B = prefer doing A to doing B

宁愿作 A 而不做 B remember to do 记得要去做某事

remember doing 记得做过某事

forget to do 忘记去做某事

forget doing 忘记做了某事 (可能做过也可能没做)

113. take / follow to one's advice = listen to sb. 听取某人的建议

114. hear from 收到...的来信

115. look for 寻找



116. put up 张贴

put out 扑灭

put off = delay 延迟

117. family reunion 家庭团聚

who/whom/whose (人) /which (物) (通用) suggest doing

sth. = suggest (that) sb. (should) do sth. 建议某人做某事

practice n. 练习

practise v. 练习

118. would rather do A than do B = prefer doing A to doing B

宁愿作 A 而不做 B

e.g. Suri would rather draw some beautiful paintings than

play games. = Suri prefers drawing some beautiful paintings to playing games. 比起玩游戏，方子欣更想要画一些美丽的画作

e.g. the Double Ninth Festival 重阳节

119. something / anything / nothing / everything + adj. 一些/任何/没有/所有...的东西

【3套我就谢谢您嘞】

120. be in danger 处在危险之中

be out of danger 脱险

121. died 死的过去式

dead 已经死透了的

dying 奄奄一息的

die v. 死亡

death n. 死亡

the dead 死者

lately = recently 最近

the latest news 最新消息

122. repeated words 重复的词

123. laugh **at** sb. 嘲笑某人

124. pleasant 轻快的，愉快的

please sb. 取悦某人

125. family reunion 家庭团聚

reunion dinner 年夜饭

I live nearby. 我住在附近

the nearby shopping mall【可怕的狗子!】They are my close relatives. 他们是我的近亲

close friend 亲近的, 要好的朋友

126. several 几个, 若干个

127. draw one's attention 吸引某人注意力

pay no attention to 不理睬某人

pay attention to 专心听讲

a mean man 一个卑鄙的人

live / lead a meaningful life 过一个有意义的生活

128. die from 因外力而死

die of 因疾病而死

129. 【sad】be in danger 处于危险中

be out of danger 脱险

healthy adj. 健康的

unhealthy 不健康的

unhealthy living conditions / diet 不健康的生活环境/饮食

130. -ache 表示 ...痛

headache 头痛

stomach ache 胃痛

toothache 牙疼

have / catch a (bad) cold 得（重）感冒

have a fever 得发烧

131. sore throat 喉咙痛

[区分]sour 酸的

132. too much + [U]

too many + [C] 太多

much too + adj. 太...了

133. much too hot go on a picnic 去野餐

go on a diet 节食

134. help sb. (to) do sth. / with sth. 帮助某人做某事

can't help doing sth. 情不自禁做某事

135. really 真的 /ɪə/

ear 耳朵 /ɪə/

here 这里 /ɪə/

there 那里 /eə/

deer 鹿 /ɪə/

dear 亲爱的 /ɪə/

dare /eə/ 敢

kill for fun 为了取乐而杀生

for food 为了食物

head for 前往（有目的地地）

136. But mine is red, his is blue. blow strongly 猛烈地吹

breeze v. 轻抚 / n. 微风

137. in the countryside 在乡下

downtown 市区

138. watch / see a film 看电影

leave A for B 离开 A 地去 B 地

leave for C 出发去 C 地

【作为一个地道的反派，我会把你们拖下水的】 e.g. The Zhangs are watching a tv series in the living room. 张家人正在客厅看电视

e.g. The Zhangs is a family with love. 张家是一个有爱的家庭【快看！是正常的例句！】

Let's ..., shall we? 让我们一起..., 好吗

Let us..., will you? 允许我们..., 好吗?

e.g. Justin is becoming smarter and smarter. JST 越来越聪明了

139. foreign 外国的

foreigner 外国人

140. at the art festival 在艺术节

sports meeting 运动会

e.g. Both Justin and Miss Shi love our class. JST 和石老师都爱我们的班级

e.g. Neither Justin nor Miss Shi loves our class.(fake) JST 和石



老师都不爱我们班

e.g. Either Suri or Justin opens the camera permission to let us see. 方子欣和 JST 有一个开启了相机权限让我们看见。

#### 141. 原因+so+结果

结果+because+原因

142. there is nothing wrong with ... 哪都没问题

cover the expenses 承担费用

143. air hostess 空姐

the wealthy / rich 富人

the poor 穷人

e.g. Justin said "I want a new line badly." JST 说：“我迫切地需要一条新的宽带”【我可能需要一捆新的宽带】

collect stamps 集邮

collect money 收钱（应当给的）

raise money 筹钱（公益性的）

correct the paper / homework 订正/批改作业

the latest / newest model 最新型号

144. would rather (not) do sth. 宁愿（不）做某事

145. wear a mask 戴口罩/面具

146. what (great) fun 多么有趣啊

与 whether 区别开 weather n. 天气

do puzzles 拼拼图

puzzled 困惑的

sth. puzzle sb. 某事困惑某人

147. fall asleep 睡着

feel sleepy 感到困

148. both and 改为否定时 变为 neither nor 谓语/系动词  
变为单数

149. feel sick 感到恶心，不舒服

150. get dressed 穿好衣服

be dressed up 盛装打扮

151. naughty 调皮的

152. pull sb. out of bed 把某人从床上拽起来

153. sleep late 睡懒觉

154. have difficulty / trouble (in) doing sth. 做某事有困难

e.g. Justin always has difficulty / trouble (in) managing some  
students. JST 总是对管理一些学生有困难【啊对对对】

155. do puzzles 拼拼图

156. help (sb.) (to) do sth. / with sth. 帮助（某人）做某事/某  
事

【这里有待考证】 e.g. play the piano 弹钢琴

e.g. play football 踢足球

stay healthy = stay fit 保持健康

157. have to = must + do sth. 必须，不得不

158. practise + doing 练习做某事

159. Buying a lot of food is a common practice today. 买许多

食物是现在十分普遍的做法 dying 奄奄一息的

dead 死透了的

died die 的过去式

160. have a barbecue 烧烤

161. all of a sudden = suddenly 突然

162. make sb. do sth. 迫使某人做某事

163. assistant 助手

shop assistant 售货员

salesman 推销员 p.l. salesmen

164. probably 有可能

165. diary 日记

166. history book 历史书

167. ticket office = booking office 售票处

168. mean v.意味 adj.卑鄙的

mean doing 意味着

mean to do 打算做

169. have a balanced meal / diet 均衡饮食

170. turn + 年龄 长到, 变成

171. a part-time job 临时工, 小时工

a full-time job 全时工

172. control 控制
173. came firstwin the bid for 赢得主办权
174. fly – flew – flown 飞
175. make new friends 交新朋友
176. go to bed 去睡觉
177. practice + doing 练习做某事
178. 【并没有，她追星】 the coming oral test 即将到来的口  
试  
oral English 英语口语  
written English 英语书面语
179. 【穷人帮穷人】 a little + [U] / a few + [C] ≈ some 一些  
little + [U] / few + [C] 几乎没有
180. 【实名举报啊】 who/whom/whose (人) /which (物)  
(通用) 【人家也不喜欢你哈哈】 cross the street = go  
across the street 穿过街道  
e.g. go through the tunnel 穿过隧道  
craftsman 手艺人 p.l. craftsmen  
folk art / music / dance 艺术/音乐/舞蹈的民俗
181. recently = lately 最近 (后面常常用现在完成时)
182. instrument 乐器
183. paper-cutting 剪纸
184. create 创造

creation 造物

creativity 创造力

185. take a photograph 拍照

wear a smile 面带微笑

186. press 按下

pressure 压力

press the button 按按钮

under high pressure 高压之下

a 100 yuan note 一张 100 元的纸币

take notes 记笔记

kilometer 缩写 km 千米

centimeter 缩写 cm 厘米

kilogram 缩写 kg 千克

e.g. square meter 平方米

187. astronaut 宇航员

188. smart = intelligent 聪明的

189. weigh + 数字 重...

weight 重量

height 高度

190. aspect 方面

191. description n. 描述

describe v. 描述

192. appearance 外貌

193. Never judge a man by his appearance. 不要以貌取人

possibly = probably 大概

lean/slim 形容女性 瘦的

straight fit jeans 直筒牛仔裤

muscular 有肌肉的

fit 大小合适

suit 气质合适

194. a magic camera 一个神奇的相机

195. on average 在平均

below / above average 在平均之下/之上

196. subject 科目

197. astronaut 宇航员

possibly = probably 大概

interviewer 记者

interviewee 受访者

employer 雇主

employee 雇员

198. at night / noon 在晚上/中午

in the morning / afternoon 在上午/下午

e.g. I want to know how to learn Chinese in an easy way. 我

想知道怎样才能简单地学语文

e.g. I want to know what to do during the lockdown. 我想知道在封闭期间应该做什么

199. speak English 讲英语

≈ talk in English 用英语讲话

spoken / oral English 英语口语

written English 英语书面语

drive sb. crazy 把某人逼疯

My hope drives me forward. 我的愿望促使我前进

look for 寻找

look after = take care of 照顾

look into = investigate 着手调查

look out 小心

look up a word in a dictionary? **How much do you weigh? =**

**What's your weight? 你多重**

200. in + 一段时间 为一般将来时标志词 用 how soon 提问

e.g. Justin will leave us in a few months. JST 将在几个月后离开我们

agree with sb. 同意某人，和某人持有同样的意见

201. a dream job / school / college 梦想/理想中的工作/学校/大学

develop a taste in 发展了...的品味

e.g. Justin develops a good taste in food. JST 在食物上发展了良好的品味

202. business card 名片

203. feel lonely 感到寂寞

204. reuse 再利用

recycle 回收

205. a clear goal of life 一个明确的人生目标

206. come true 成真

207. at weekends 在周末

on weekdays 在工作日

208. the educated 受过教育的人

209. lose one's way = get lost 迷路，迷失自我 实在/感受

lose oneself in 沉醉于，全神贯注

210. action film 动作片 have a long way to go 路漫漫

211. press "Enter" 按下回车

212. smile /smaɪl/ 微笑

[读音区分] smell /smel/ 闻

place of interest 名胜古迹

be interested in 对...感兴趣

sth. interest sb. 某事使某人感兴趣 使动用法

213. director 导演，总裁，负责人

214. in + 一段时间 一般将来时标志词 用 How soon 提问



215. go on a picnic 去野餐

216. if 解释为是否时= whether

217. catch the eye of sb. = draw one's attention 吸引某人注意

How much do you weigh? = What is your weight? 你多重?

How tall are you? = What is your height? 你多高 (形容人)

e.g. Justin is standing in the front of the classroom. JST 站在教师前面

domestic violence 家暴

a dull boy.e.g. Both Justin and Suri love playing games. JST 和方子欣都很爱玩游戏

[否定] Neither Justin nor Suri loves playing games. JST 和方子欣都不爱玩游戏

218. of 前后连接的东西中，核心往往在前 后修饰前

e.g. the example of the grammar point 语法重点的例子 重点在例子

219. give up 放弃

give in 屈服

220. spacecraft 宇宙飞船 /eɪ/ /a:/

221. poem 诗歌 /əʊɪ/

poet 诗人

222. pool /u:l/ 池子

poor /ʊr/ 穷的

sour /aʊə/ 酸的

pour /ɔ:/ 泼洒

223. too many + [C]

too much + [U] 太多

224. much / pretty / a little + 比较级

225. a model student 示范学生

226. 现在完成时标志词: in the past + 一段时间, for + 一段时间...

一般过去时标志词: in + 过去时间, ago, last + 时间, in the past, yesterday...

227. one(s) 可以指带前文中的名词

228. take exercise 锻炼 develop / have good habits 养成好习惯

229. burn calories 燃烧卡路里

230. main dish 主菜

side dish 配菜

231. have trouble / difficulty (in) doing sth. 做某事有困难

232. What's your height? = How tall are you? 你多高

What's your weight? = How much do you weigh? 你多重

233. place /eɪ/ 地点

famous /eɪ/ 著名的

palace /æ/ /ɪ/ 宫殿

danger /eɪ/ 危险

trolley /ɒ/ 手推车

cold /əʊ/ 感冒

ago /əʊ/ 以前

note /əʊ/ 笔记

e.g. wanted /ɪd/

e.g. stayed /d/

e.g. watched /t/

234. comfort food 安慰食物（零食）

235. ~~test~~ would rather do A than do B = prefer (doing) A to (doing) B 比起 A 来更喜欢做 B

【关于我的怨种学生的一档子事】

236. it takes sb. + 🕒 + to do sth. 某人花费时间做某事

sb. spend + 💰 / 🕒 + (in) doing sth. / on sth. 某人花费时间/金钱做某事

sb. pay + 💰 + for sth. 某人花钱做某事

sth. cost sb. + 💰 某物花某人钱 【这里做得真好看啊!】

237. oral test 口语测试

oral / spoken English 英语口语

written English 书面英语 /ɪ/

238. twenty minutes' walk = a twenty-minute walk 二十分钟

的走路路程 后者 twenty-minute 整体是一个 adj.

239. let sb. do sth. 使某人做某事

make sb. do sth. 强迫某人做某事 精神上

force sb. to do sth. 强迫某人做某事 外力

240. leave A for B 离开 A 地去 B 地

leave A 离开 A 地

leave for C 出发去 C 地

241. once 一次，曾今，一旦

242. long long ago = once upon a time 很久很久以前...

243. fly / control a spacecraft / aeroplane 开宇宙飞船/飞机

e.g. Justin's house is north of my house. JST 的房子在我的房子北边

e.g. Beijing is to the north of Shanghai. e.g. Kunshan is on the west of Shanghai. e.g. Taiwan is in the south of China. hundreds of thousands millions of people something

spicy What will Justin be like How will Justin be I'm coming

homepoem 诗 /əʊɪ/

poet 诗人 /əʊɪ/

poetry 诗歌 /əʊɪ/

244. suggestion [C] 建议

advice [U] 建议

a piece of advice 一条建议

245. corridor 楼梯间

246. fire exit / escape 火灾逃生通道

boy – boys trolley – trolleys ...centimeter 简写 cm

e.g. square meter 简写 m<sup>2</sup>

3

e.g. The pen **writes** smoothly. 笔写得很顺滑

e.g. The house **stands** at the foot of the hill. 房子在山脚下

247. domestic violence 家暴

domestic news 国内新闻

polar bear 北极熊

248. **as we all know** 周所周知 固定搭配

249. **normal** 普通的，正常的

**[opp.] abnormal** 不正常的

icy water 结冰的水

250. Antarctica 南极洲

South Pole 南极点

scientific 科学的

251. wish sb. sth. 祝愿某人某事

—(微)e.g. What's the weight of the elephant? = How much

does the elephant weigh? 大象多重

252. press the button 按下按钮

253. **wear 与 put on 的区别:**

have no choice but to do 别我选择

e.g. 10 minutes later 十分钟之后

254. call for help 寻求帮助

high school / college entrance exam 中/高考

255. have a stroke 患上中风

take over 接管

put off = delay 推迟

of /əv/

drive sb.out of the house 把某人从房子里赶走

p.t. excelled 擅长 过去式

e.g. Justin is good at sports. = Justin does well in sports. =

Justin excels in /at sports. JST 擅长运动

256. My dream comes true. 梦想成真

257. however 然而

258. detective story 侦探小说

259. realize my dream 实现我的梦想

260. volunteer v. / n. 志愿（者）

volunteer to do sth. 志愿去做某事

261. provide sb. with sth. = provide sth. for sb. 提供某人某物

[syn.] give sb. sth. = give sth. to sb. 给某人某物

offer sb. sth. = offer sth. to sb. 给某人提供某物

262. e.g. The government will supply a big bag of vegetables to

us. fill in / out a form 填表

263. water the trees 给树浇水

264. realize your dream 实现你的梦想

What does 'staying true to the original aspiration and founding mission' mean for the CPC? – CGTN **have**

difficulty / trouble (in) doing sth. 做某事有困难

265. show love to our great country 彰显出对国家的爱意

Shanghainese 上海人

266. encourage sb. to do sth. 鼓励某人做某事

simple – minded 一根筋

narrow – minded 意识狭隘的

267. roast muton 烤羊肉

beef 牛肉

lamb 羔羊肉

boiled 水煮的

deep-fried 油炸的

stir-fried 炒的

268. be helpful to sb. 对某人有帮助

269. shortcomings 缺点

270. point out 指出

figure out 弄清楚，搞明白

work out 健身，解决

find out 找出

271. have an opinion on sth. 对某事的意见

272. make a list 列一张单子

273. to one's surprise 让某人惊讶的是

274. a (good / great) number of + [C] 后面跟复数谓语 许多...

the number of + [C] 后面跟单数谓语 ...的数量

an amount of + [U] 许多

the amount of + [U] 许多

a large quantity of + [C] / [U] 许多

a lot of + [C] / [U] 许多

275. make a decision 做决定

276. for the first time 第一次

277. get a clear picture of oneself 看清了自己

278. in anger 愤怒地

279. cruise v. 在水上航行 n. 邮轮

ferry n. 轮船

port 港口, 端口

import 进口

[opp.]export 出口

280. great night views 美丽的夜景

view n. 景色, 观点 = opinion v. 看法

in my view = in my opinion 在我看来

281. the Oriental Pearl TV Tower take place ≈ happen ≈



occur 发生

take the place of 取代

282. walk a dog 遛狗

283. look after = take care of 照顾, 看管

look out 小心

look into 着手调查

look for 寻找 (过程) 【-对比-】 find 找到 (结果)

look up 查找

284. honest 诚实的

[opp.] dishonest 不诚实的, 狡诈的

285. agree with sb. / on sth. 同意

[opp.] disagree 不同意

286. express oneself 自我表达

take actions 采取措施

287. twenty years' time some time 一段时间

sometime 某时

some times 几次

sometimes 有时

be caught by the rain 被淋成落汤鸡

288. at a crossing 在路口

traffic accident 交通事故

cooker 炊具

baker 烘焙师

bakery 面包房

289. desert 沙漠

dessert 甜品

snack 小食

290. share sth. with sb. 与...分享...

291. relative n. 亲人

292. health /θ/ 健康

throat /θ/ 喉咙

toothache /θ/ 牙疼

those /ð/ 那些

practice + doing 练习做某事

293. foreign language 外语

294. tour 旅行

tourist 游客

tourism 旅游业

295. possible 可能的

[opp.] impossible 不可能的

296. forget to do 忘记去做某事

forget doing 忘记做过某事 实际可能做了也可能没做

297. arrive in / at = get to = reach + s.p. 到达某地

298. one hour and a half = one and a half hours 一个半小时

299. only + a little / a few 只有

e.g. Let's play cards together, shall we? 我们一起打牌，好吗？

e.g. Let us go out and play, will you? 允许我们出去玩吧，你会的吧？

300. come into force 生效 go through safety checks 过安检

301. board a plane / ship 登机/船

302. read - read - read 读

cost - cost - cost 花费

set - set - set 设

set an alarm clock 调闹钟

303. in class 在课堂上

in the class 在教室里

304. zebra crossing 斑马线

be in danger 处于危险之中

be out of danger 脱险

safe and sound 安然无恙

e.g. It's 10 minutes' walk from my home to Justin's. 从我家到JST家是十分钟的路程

Q: How far is it from your home to Justin's? 你家距JST家多远

e.g. e.g. It takes me 10 minutes to walk from my home to

Justin's. 从我家走到 JST 家要花 10 分钟

Q: How long does it take you to walk from your home to Justin's? 你走到 JST 家需要多久?

305. 动词三单 s, 名词复数 s, 过去时 ed in 15 years' time  
= in 15 years would rather do A than do B = prefer (doing) A to

(doing) B 比起 A 来更喜欢做 B

306. take one's advice / suggestions 采取某人的建议

give sb. advice / suggestions 给某人提意见

307. room [U] = space 空间 [C] 房间 the night view of  
Shanghai 上海的夜景

308. take some 'photos / 'photographs 拍照

photographer 摄像师 /fə'tɒgrəfə/

309. much / pretty / a little / far + 比较级

310. receive one's e-mail / message 收到某人的邮件/信息

311. start off 开始

312. carry n. 背着, 带着

the aircraft carrier 航空母舰

313. opposite n. 反义词 adj. 对面的 adv. 对面

314. I'm sitting opposite to Justin. finishing line 终点线

line up 排队

jump the line 插队

deadline 截稿时间

315. cycle home = go home by bicycle 骑车回家

316. do some stretching exercise 做一些伸展运动

317. instead of 代替 adv.

take the place of = replace v. 代替

318. pretend 假装

pretend to do sth. 假装做某事

pretend to be doing 假装在做某事

319. a bad temper 坏脾气

e.g. woman teacher 女老师 p.l. women teachers

e.g. daughter-in-law 媳妇 p.l. daughters-in-law

320. put sb. up 短暂收留某人

321. visible 看得见的

[opp.] invisible 看不见的，隐形的

322. spread 传播，涂抹

school uniform 校服

fill in / out the film 填表

323. a red scarf 红领巾

the outskirts of the city 城市外围

[opp.] the heart of the city 城市中心

[opp.] downtown 市区

324. sweater 毛衣，运动衫

cardigan 开衫，羊毛衫

325. write a notice 写公告

326. describe v. 描述

description n. 描述

leggings 紧身裤

sailor's dress 水手服【我还查到了 sailor suit】

327. suit 西装套装, 套装

jacket 西装外套

328. vest 马甲

329. baseball coat / jacket 棒球服

base shirt 打底衫【其实就是基本款, 没什么花色的那种】

330. down coat / jacket 羽绒服

331. field jacket 冲锋衣

332. hoodie / hoody 卫衣

fasten / wear a safety belt 系上/系着安全带

333. sock 短袜

stockings 长筒袜

be late for ... 迟到

late grandpa 过世的祖父

334. probably = possibly 大概

power failure 停电

customer's rights 消费者权益

335. stand for 代表

336. bride 新娘

groom 新郎

heartbeat 心跳

337. go well with everything 与一切都搭配

338. catch one's eye = attract one's attention 吸引某人注意

open one's eyes 开阔视野

have an eye on 留意

rest in peace 安息

calm 冷静的

calm sb. down 使某人冷静

339. not only A, but also B 不仅，而且 就近原则 动词的单

复数看 B

A, as well as B, ... 就远原则 动词的单复数看 A

unveil<sup>ndst</sup> stand out 出彩

outstanding 出类拔萃的

stand for 代表

340. parent /eə/ 父母

wear /eə/ 穿

hear 听 与 here 这里 同音 /hɪə/

there /ðeə/ 那里

pair /eə/ 双

e.g. There's a "u" in the name "Justin". 在 JST 的名字里有一

个 u

从句：连词后面的一句话

come to an end 走向尾声

end up with ... 以...结束

341. agree with sb. 同意某人

agree on sth. 同意某个观点

agree + 从句 同意某个观点

century 世纪 百年

decade 十年

342. obey / follow the rules 遵守规则

lead / live a meaningful life 过一个有意义的生活

343. be loyal to sb. 对某人忠诚

344. veil 面纱

unveil 揭开

345. combine A with B 把 A 与 B 混合起来

346. come up with a new idea 想到一个新主意

put on / wear a safety belt 系安全带

ed 前音类型	ed的读法
浊辅音(除/d/)	/d/
清辅音(除/t/)	/t/
/d/ 或 /t/	/ɪd/

s 前音类型	s的读法
浊辅音(除/z/)	/z/
清辅音(除/s/)	/s/



/z/ 或 /s/	/ɪz/
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347. on the tree 后上树的东西（人，鸟...）

in the tree 本身就在树上的东西（果子，叶子，花...）

348. promise to do 承诺去做某事

have a promising future 前途似锦

349. sb. realizes one's dream = one's dream comes true 梦想

成真

350. in turns 轮流

take turns to do sth. 轮流去做某事

it is one's turn to do sth. 轮到某人

make one's wish 许愿 fairy tale 童话故事

351. appear 出现

[opp.] disappear 消失

352. get sb. wrong 误解某人

arrival n. 到达

e.g. professional adj. 专业的 n. 专业人员

professor n. 教授

chemical adj. 化学的 n. 化学药品

353. seasonal 季节性的

354. just a few = not many 不多

355. 【T.T】 what is sth. like = how is sth. 某物咋样

what do you think of sth. = how do you like sth. 你怎么认为

某物

356. would rather do A than do B = prefer doing A to doing B

比起 B 来更喜欢做 A

357. messy adj. 杂乱的

What a mess! 真乱啊!

be in a mess 一团糟

[opp.] be in good order 井然有序的

358. gentle adj. 温和的

gently adv. 温和地

359. full-time job 全职工

part-time job 零时工，兼职

360. air-condition n. 空调

air-conditioned adj. 有空调的

air-conditioning n. 空调系统

baby blue 淡蓝色

how much do you weigh = what's your weight 你多重

【体重和力量并没有绝对关系】e.g. Justin's birthday falls on the twenty-ninth of February. He can celebrate it once every four years. JST 的生日在 2 月 29 号到来，他可以四年过一次生日

several thousand students rest in peace 安息... 缩写 R.I.P.

361. hero 英雄，主角

heroine 女主角

[区分相似]heroin 海洛因

drug 毒品/药物

362. Chinese American 美籍华人

363. be scared of 对...害怕

364. witch 女巫

365. trick n. 小把戏 v. 戏弄

turn on / off 开/关

turn down / up 调轻/响

turn around 转身

turn into 变成

366. loyal 忠诚的 /'lɔɪəl/

[读音区分]lawyer 律师 /'lɔɪə/

judge 法官

367. take photographs / photos 拍照

grew some crops Justin's crops didn't grow well have / get

butterflies (in my stomach) 内心七上八下

368. air-condition n. 空调

air-conditioning n. 空调系统

air-conditioned adj. 开着空调的

369. soft / cold / hot drink 软饮/冷饮/热饮

370. alcohol 酒精

371. lift /ɪ/ 举起, 电梯

police /i:/ 警察

possible /ɪ/ 或 /ə/ 可能的

life /aɪ/ 一生

372. help sb. (to) do sth. / with sth. 帮助某人某事

a bus tour 一次公交旅游

373. went on a tour of Shanghai take the new students on a

tour seasonal changes 季节性的变化

374. agree with sb. 同意某人

agree on sth. 同意某个观点/某事

agree to do 同意去做

agree + 从句 同意某个观点

be too soft to sb. 对某人太宠了

soft words 甜言蜜语

speak / talk softly / loudly 温柔地/响亮的讲话

375. have difficulty / trouble (in) doing sth. 做某事有困难

376. cruel adj. 残忍的

cruelty n. 残忍

hopeful / hopeless adj. 有/无希望的

hopefully 有希望地

e.g. The harder you study, the more knowledge you know. 你

学的更努力, 知道的知识就更多

377. train sb. 训练某人

378. roll up 卷起来

379. carpet 地毯

blanket 盖在身上的毯子

380. remove v. 移除

drive sb. crazy 把某人逼疯

drive sb. away from home 把某人赶出家门

go crazy 变疯

go wrong 变坏，变质，走向错误的道路

draw the curtain 拉上窗帘

381. knowledgeable and confident 知识渊博且自信

Time and tide wait for no man. 逝者如斯夫

Time flies. 时光飞逝

382. falling snowflakes 正在掉落的雪花

fallen snowflakes 掉在地上的雪花

383. boiled water internet bar / café 网吧

384. people under 18 18 岁以下的人

e.g. What fun it is to write down the phrases! 整理这些词组

多有趣啊！

385. keeps us busy. both A and B + 复数谓语动词 A 和 B 都

[否定] neither A nor B + 单数谓语动词 A 与 B 都不

either A or B + 单数谓语动词 要么 A 要么 B

get knowledge 获取知识

knowledgeable and confident 知识渊博且自信

386. soft drink 软饮料 [C]

heat sth. 加热某物

a heated discussion 一个激烈的讨论

387. food chain 食物链

chain store 连锁店

388. title 头衔, 标题

subtitle 副标题

389. be successful

390. succeed in doing sth. 成功做某事

391. pleased adj. 开心的

pleasant adj. 令人愉悦的

pleasure n. 欢乐

for pleasure 为了欢乐

a light eater 清淡吃食者

eat lightly 吃得清淡

392. intelligent adj. 聪明的

intelligence n. 聪慧

feed sb. with sth. 用某物喂养某人

feed the computer with data 把数据输入电脑

393. a double-decker bus 一个双层巴士

single-decker 单层的

394. a fare box 一个投币箱

a book fair / exhibition 一个书展

a fair competition 一个公平的比赛

a public transportation card 一张公交卡

private car 私家车

395. QR code 二维码

a bus conductor 一个巴士售票员

do / conduct a research 做一个研究

396. collect money 收钱 必须交

raise money 筹钱 自愿交

397. nowadays = today 现今

currently = at present = at the moment 在现在

stand / keep still 站着不动

Freeze! 举起手来!

by all means 不论如何 (绝对要)

comfort sb. 安慰某人

398. what do you think of sth. = how do you like sth. 你觉得...

怎么样

Freeze! 不准动!

399. iced water 有冰的水

icy water 冰水

e.g. It is hot today. 今天很热

light rail 轻轨 地上的

underground 地铁 底下的

selfless 无私的

selfish 自私的

fill in / out the form 填表

400. escalator 自动扶梯

elevator 升降机

401. tunnel 隧道

402. flyover 立交桥 车走的

footbridge 天桥 人走的

403. pavement 人行道

404. woman 女性的 人

female 雌性的, 女性的 动物/人

man 男性的 人

male 雄性的, 男性的 动物/人

405. per 每

link A with / and B 把 A 与 B 连接起来

406. according to 根据

in addition to 除了

407. range 范围

408. an important step 重要的一步



step 步骤, 脚步

follow one's step 传承某人的事业/跟着某人的思路

step by step 一步一步走, 脚踏实地

leading actor 男主演

heroine 女主演

hero 英雄, 主角

character 角色

main character 主角

time zone 时区

409. perhaps = maybe adv. 大概

410. the fare box 车费箱

a public library / toilet 一个公共的图书馆/厕所

411. be open to sb. 对某人开放

draw the curtain 拉窗帘

draw one's attention = catch one's eye 吸引某人注意

growth n. 生长, 增长率, 增长

Justin grew three Justins. = Justin planted three Justin seeds.

JST 种了三只 JST

. The growth of the fuel pricedigital pay / display / camera...

数码支付/显示/相机...

412. on the bus 在公交车上/乘公交车

in the car 在车上/乘车

selfless 无私的

selfish 自私的

413. an impatient patient take a lift up / down 乘电梯上/下楼

414. fall asleep 睡着

feel sleepy 感到困的

the heart of the city = downtown 市中心

countryside 乡下

lose heart 失去信心

go through safety checks / tunnels 过隧道

go through the book 通读全书

go through many up and downs 经历许多起落 take a window seat 做一个靠窗位 be caught in traffic jams 都在车流里

415. reason for Justin's death on time 准时

in time = soon 及时

416. image 画面

imagine 想象

imagination 想象力

417. play an important role in ... 起到重要作用

418. conduct v. 做 = do

conductor n. 指挥, 售票员

a bus conductor 一个公交车售票员

conduct / do a research 做一个研究

than 比较级标志词

[区分]then 在那时，那样的话，然后

在那时有两种时态

1° : 一般过去时

2° : 一般将来时

419. maybe = perhaps adv. 大概

420. have to 不得不 迫于情形 (don't have to/needn't)

≈ must 必须 规则上(mustn't/needn't)

reform 改革

fill in / out a form 填表

find an excuse 找借口

good / table manners 好的/餐桌礼仪

drop one's manners = be rude to sb. 对某人无礼

live broadcast 直播

recorded broadcast 录播

living man / creature 活人/生物

be alive 活着

dying 奄奄一息的

dead 死透了的

421. gentle adj. 温和的

gently adv. 温和地

put – put – put 放

set – set – set 设

cost – cost – cost 花费

read – read – read 阅读

422. give up 放弃

give in 屈服

give away 赠送

give out 分发

look up 查找

look out 小心

423. be against the law / the traffic rules 犯法/交通法规

illegal 违法的

424. <sup>ththth</sup>volunteer 志愿，志愿者

volunteer to do 志愿做某事

425. neighborhood 小区

neighbor 邻居

426. anniversary 周年纪念日

wedding / death anniversary 金婚/忌日

427. sit at a table 在餐桌旁边坐下

428. in the corner 在角落

in the middle 在中间

in order to do sth. 为了做某事

reserve a table 订座

429. steak /eɪ/ 牛排

beef 牛肉

430. spaghetti 通心粉

pasta 意大利面

431. candlelight dinner 烛光晚餐

432. porridge 粥

433. describe v. 介绍

description n. 简介

benefit from 从...受益

sth. benefit sb. 某物益于某人

434. pollute the environment 污染环境

435. fold 折

[opp.] unfold 展开

[类似] lock – unlock 锁定-解锁

pack – unpack 打包-拆包

folding bicycle 折叠自行车

wheelchair / bike / dog / eco -friendly 残疾车/自行车/狗/环境友好的

high-heel shoes 高跟鞋

436. it is said that 据说

437. stop sb. from doing sth. 阻止某人做某事

stop doing sth. 停止手中的某事

stop to do sth. 停止手中的事去做某事

prevent sb. from doing sth. 预防某人做某事

438. what is sth. like = how is sth. ...怎样

439. what do you think of sth. = how do you like sth. 你觉得...

怎由音标写单词填空注意：三单，过去式，大小写

440. poster 海报

break /eɪ/ 打断

steak /eɪ/ 牛排

441. in a car = by car 乘车 泛指

on a bus = by bus 坐公交 泛指

talk to sb. on the phone = talk to sb. by phone 和某人打电话

442. flyover 立交桥

footbridge 人行桥，天桥

443. traffic [U] 交通

traffic jam [C] 交通堵塞

traffic accident [C] 交通

444. go for / on an outing 出游

spring / autumn outing 春/秋游

445. suddenly = all of a sudden 突然

446. water the crops 给庄稼浇水
447. give the direction to sb. = show sb. the way 给某人指路  
in the direction of ... 在...的方向上  
e.g. Do you know the fact that a mile equals to about one point six kilometers? 你知道嘛? 一英里等于大约 1.6 公里
448. have no idea about ... 对...毫无头绪
449. get lost = lose one's way 迷路  
operate the first-aid 实施急救  
emergency treatment 紧急治疗  
ambulance worker 救护车工作人员
450. scene 现场, 场景
451. be strict with sb. 对某人严厉  
be angry with sb. 对某人生气  
be patient with sb. 对某人耐心 【这三个一起记不错的】
452. encourage sb. to do sth 鼓励某人做某事
453. besides = in addition = what's more 除此以外 表递进
454. as the saying goes = there is a saying that 俗话说 teach sb.  
good manners 教某人有礼貌
455. a genuine desire 一个真诚的愿望  
复一皆可 Justin's house is south of Justan's. JST 的房子在 Justan 的房子的南边  
e.g. Justin's town is in the north of Jusity. JST 小镇在 Jusity 的

北边

e.g. Juity is to the east of Jacity. Juity 在 Jacity 的东方向上

e.g. Shanghai is on the east of Kunshan. 上海在昆山的东边

456. leave **A for B** 离开 **A 地去 B 地**

leave **for s.p.** 出发 **去某地**

leave **sb. / s.p.** 离开 **某人/某地**

**at + 时间点**

**on + 某一天/被修饰过的上午下午**

**in + 一段时间**

on the rainy afternoon About 12982 billion boys: soft drink

[C] 软饮料

e.g. Justin wants to play games by all means. JST 无论如何都要玩游戏

457. forget **to do** 忘记 **做过** 某事 (**一定没做**)

forget **doing** 忘记 **做了** 某事 (**可能做了也可能没做, 但事实已经摆在面前了**)

458. **y** arrival / departure time 到达/出发时间

boarding card / pass 登机牌

board a plane / ferry 登机/船

459. 对某物 (**宾语**) 的提问用 **what**

对某地 (**地点状语**) 的提问用 **where**

地点状语为 **介词 + 地点**



460. with / under one's help 在某人的帮助下

461. the disabled 残疾人

462. borrow 借进 瞬间动词

lend 借出 瞬间动词

keep 持有 持续动词

463. 首字母填空三注意: s, ed, 词性

464. 倍数的四种表达方法:

A is n times as many as B. A 是 B 的 n 倍

= A is n times B. A 是 n × B (A 是 B 的 n 倍)

= A is n-1 times more than B. A 比 B 多 n-1 倍 (A 是 B 的 n 倍)

= B is 1/n A. B 是 A 的 1/n 倍 取倒数 (A 是 B 的 n 倍)

e.g. My sleeping hours is 182/3 times as many as Justin's. =

My sleeping hours is 182/3 times Justin's. = My sleeping hours

is 179/3 times more than Justin's. = Justin's sleeping hours is

3/182 mine. 我的睡眠时间是 JST 的 182/3 倍

【这例句是人写的吗, 这例句是给人看的吗】

错误: ~~one second~~

错误: ~~one fourth~~

【原问句里没有否定, 就正常回答。原问句里有否定, 就倒过来回答】

enough /Λ/ 足够的

rather /a:/ 宁愿

mouth /aʊ/ /θ/ 嘴巴

month /ʌ/ 月份

465.

ed 前的发音	ed的发音
浊辅音(除/d/)	/d/
清辅音(除/t/)	/t/
/d/ 或 /t/	/ɪd/

s 前的发音	s的发音
浊辅音(除/z/)	/z/
清辅音(除/s/)	/s/
/z/ 或 /s/	/ɪz/

(把 several 当作数字看) 错误: ~~one second~~

错误: ~~one fourth~~

three quarters 错误: ~~three fourths~~

466. at + 小时刻 (中午, 具体的时间, etc..)

on + 小时间段 (一天, 被修饰过的上午下午, etc.)

in + 时间段 (月份, 季节, 年份, 十年, 世纪, etc.)

467. would rather (not) do sth. 宁愿做某事

would rather do A than do B = prefer doing A to doing B 比起 A 来更喜欢做 B

468. only + a little / a few 一点

<sup>th</sup>one another = each other 互相

eat another thirty hamburgers have been to 去了已回 一般不和 for, since 连用

have gone **to** 去了 **未回**

have been **in** **待了**

Justin has gone to Kunming for 14 days. JST 去昆明 14 天了  
(现在不知道人在哪里) obey / follow / observe the rules /  
law 遵守规则/法律 **be against** the rules / law 违反规则/法  
律 **状态**

**break** the rules / law 违反规则/法律 **动作**

be independent **of sb.** 对某人不依赖

be dependent **on sb.** 对某人依赖

469. It depends. 要看情况而定 the arrival / departure time 到  
达/出发时间

mean + **doing / 从句** **意味着...**

mean / plan **to do** **打算**

470. keep in touch **with** sb. 与某人保持联系

471. put on weight 增重

overweight 超重的 (**polite**)

lose weight 减重

go on a diet 节食

472. wear a smart / fashionable dress 传时髦的裙子

473. work from home 在家办公

474. a layer of 一层

475. collect dust 积灰

476. the answer / key to sth. ...的答案

the key to success 通往成功的秘诀

lines 台词

477. sb. happen to do sth. 某人碰巧做某事

it happens that + 从句 碰巧

478. be sure of sth. 确定...

be sure that + 从句 确定

put up 竖起

put sb. up 临时收留某人

479. 对 how 提问的句子回答使用 by doing sth. / sth.

对 why 提问的句子回答使用 because + 从句 / because of + n. / to do sth.

rubbish / garbage sorting 垃圾分类

480. greeting card 问候卡

grade your papers 批考卷

correct your papers 批/订正考卷

the first class 头等舱

suggestion n. [C] 建议 a piece of advice 一条建议

take / follow one's advice / suggestions = listen to sb. 听取某人的建议

have good social abilities 社交小能手

actor n. 演员

actress n. 女演员

action n. 动作

reaction n. 反应

react v. 反应

interaction 交流

481. lead / live a meaningful / rich life 过一个有意义的/充实的生活

482. servant 仆人

maid 女仆

tourist attraction / destination 旅游胜地

ski resort 滑雪度假胜地

in capital letters 以大写字母 表警告 ⚠️

received my messagechat with sb. 与某人聊天

483. <sup>th</sup>air-conditioned adj. 有空调的

air-conditioner n. 空调机

air-conditioning n. 空调系统

后面的谓语动词为单数

none 数量上没有

nothing / nobody 物体上没有

neither:

后面使用单数谓语动词 表示 两者都不

either:

表示 两者任一

后面一样使用单数谓语动词

484. 包含 man, woman 复合名词（组）变为复数时，前后都要变成复数

485. 10 minutes' walk = a 10-minute walk 10 分钟的路

car park = parking lot 停车场

parking slot / space 停车位

<sup>8</sup> public transport 公共交通

486. be crazy about 痴迷于...

drive sb. crazy 把某人逼疯

487. would rather (not) do sth. 宁愿（不）做某事

488. take one's advice / suggestions = listen to sb. 采取某人的建议

489. traffic [U] 交通

traffic jam [C] 交通堵塞

对物体的提问 没有用 nothing / nobody 回答

对数量的提问 没有用 none 回答

neither:

表示 两者都不

后面使用单数谓语动词

shopping mall 商场

grocery shop 杂货店

490. one of + p.l. / est 之一

491. businessman 商人 p.l. businessmen

[复数对比] German 德国人 p.l. Germans

【英法联军 a 变 e, 德国鬼子加 s】

fix sth. 修理某物

fix one's eyes on sb. 紧盯某人

fix sth. 固定某物

force sb. to do sth. 外力上逼迫某人

make sb. do sth. 精神上逼迫某人

hurt one's feelings 伤感情

hurts my pride  
The wounded 伤员 one another = each other  
互相

a heavy knock 一下重击

a heavy rain 一场大雨

a strong / heavy / blowing wind 一场大风

[opp.] a gentle / slight wind 一场温和的风

with a heavy heart 带着一颗沉重的心

492. wear a safety / seat belt 系着安全带

put on a safety / seat belt 系上安全带

earthquake 地震

tsunami 海啸

typhoon 台风

a boarding card / pass 登机牌

board a plane / ship 登机/船

blackboard 黑板

a notice board 公告栏

be on display 在展出

window display 橱窗展览

493. column 列，柱子，专栏

494. tightly 紧紧地

slightly 轻轻地 (程度上)

lightly 轻轻地 (重量上)

hold sth. tightly 紧紧地握住某物

slightly different 轻微不同

flower pot 花盆

hot pot 火锅

windsurf 随风冲浪

surf the Internet 网上冲浪

495. fly kites 放风筝

496. in a diary 在日记里

497. in my opinion = in my view 在我看来

a bar / pie chart 一个柱状/饼图

498. correctly adv. 正确地

[opp.] incorrectly 不正确地

be on average 在平均

shake one's hands = shake hands with sb. 握手



milkshake 奶昔

monitor 监视器, 班长 a display board 一个展板

be on display 在展出

window display 橱窗展示

499. raincoat 雨衣

at the crossing 在十字路口

cross the road = go across the road 穿过马路

500. a strong / blowing / gentle wind 一阵强/微风

can't help doing sth. 情不自禁做某事

help sb. (to) do sth. 帮助某人做某事

help sb. with sth. 帮助某人某事

help oneself to sth. 尽情享用

501. stove 火炉, 灶台

put out 扑灭

put off = delay 推迟

put on 穿上

put on weight 增重

leaf / look through / browse a book 快速翻阅书籍

turn over a new leaf 人生新篇章

save the document 保存文档

502. how does sb. like sth. = what does sb. think of sth. 某人

觉得...咋样啊?

what is sth. like = how is sth. ...怎样

the excuse for sth. ...的借口

a loose coat 一件宽松的外套

503. a tight schedule 紧张的日程 typhoon /taɪ'fu:n/ 台风

504. time is tight = have a little time left 时间不够了

505. 一阵风，一场雨，均为可数

506. sink v. 下沉 sink – sank – sank n. 水槽

507. immediately = at once = right away 立刻

go sightseeing 去观光

a sightseeing bus 观光巴士

a double-decker bus 一个双层公交车

508. fierce adj. 凶猛的，激烈的

fiercely adv. 凶猛地

a fierce cat / warrior 一个凶猛地猫咪/战士

fierce competition 一个激烈的竞争

raise a pig / child 养猪/小孩

raise one's hands 举起手来

509. stop / prevent sb. (from) doing sth. 停止/预防某人做某事

stop to do 停下手中的事去做某事

stop doing 停下手中正在做的某事

hit the market 上市

the hit movie / music 受欢迎的电影/音乐

hit the road 上路

510. college / middle school entrance exam 高/中考

happen **to do** sth. 碰巧做某事

it happens **that + 从句** 碰巧...

**sth.** happen **to sb.** 某事降临在某人身上(某人发生了某事)

object to= be opposed **to = be** against 反对

unidentified flying object 缩写 UFO 不明飞行物

a gentle lady 一个温和的女士

talk **to** sb. **对**某人说话

talk **with** sb. **与**某人交谈

talk **about sth.** 谈论关于...的事

do sth. **alone** 一个人 (孤独地) 做某事

≈ do sth. **on one's own / independently / by oneself** 一个人 (独立地) 做某事

a special date / day / friend 一个特殊的日期/一天/朋友

a medical team 一支医疗团队

511. **maybe** = perhaps 大概

**May** sb. do sth. 祝愿某人做某事

[区分] sb. wish sb. sth. 某人祝愿某人某事

512. goose 鹅 p.l. geese

down coat / jacket 羽绒服 hoodie 连帽衫, 卫衣

sweater 毛衣

ordinary 普通的, 没有超能力的

ordinary people 没有超能力的普通的

common 普遍的

common sense 常识

common people 老百姓

normal 正常的

[opp.] abnormal 不正常的

normal people 没病的人

generally speaking 一般来说

general idea of the passage 文章的大意

slide to unlock 滑动以解锁

a slide show 一个幻灯片展示

a match girl 一个卖火柴的小女孩

a football match / game 一场足球比赛

match A with B 把 A 与 B 匹配起来

513. describe v. 描述

description n. 描述

514. flat = apartment 公寓

wave one's hands 🙌

515. sink v. 使...下沉, 下沉 n. 水槽

classical music 古典音乐

516. could you 委婉地问: 你能...吗 /kədʒju/

pass sth. to sb. = pass sb. sth. 把某物递给某人

pass away 去世

hold / hang on 坚持住，不要挂断电话 flower pot 花盆

hot pot 火锅

object to = be against = be opposed to 反对

517. ask / order / tell sb. (not) to do sth. 让/命令/告诉某人  
(不) 做某事

518. see / hear sb. do sth. 看见/听见某人做某事的全过程

[区分] see / hear sb. doing sth. 看见/听见某人做某事的一个片段/瞬间

519. balcony 阳台

520. much / a bit / pretty / far / a little + 比较级

dial + phone num. 拨...的号码

521. steak n. 牛排 /eɪ/

522. a book report 一个读书报告 (读后感)

a book review 书评

523. pollute v. 污染

pollution n. 污染

pollutant n. 污染物

take photos / photographs of sth. / sb. 拍某物/某人的照片

selfie v. 自拍 📱

524. intelligent = smart adj. 聪明的

intelligence n. 智慧

525. share sth. with sb. 把某物与某人分享

match A with B 把 A 和 B 配对

e.g. Let's match the pictures with the correct descriptions. 让我们把图片和正确的描述配对【课文里的词要背出来】

break the record 打破纪录

set a new record 创造新纪录

manned 载人的

diver 潜水员

dive deep 潜地很深，追根求源

526. be successful in doing = succeed in doing sth. 成功做某事

be important / be of great importance to sb. 对某人重要

be helpful / be of great help to sb. 对某人有帮助

do some exercise 做一些锻炼

527. beat v. 打击，赢 n. 鼓点

heartbeat n. 心跳

528. scare v. 是...害怕

scared adj. 害怕的

529. be scared of = fear sth. 害怕某事/某物(程度比 afraid

深)measure v. 测量

test v. / n. 测试

count v. 数 / n. 记的数

take medicine 吃药

530. wrist 手腕

the outskirts of the city 城市外围

≈ suburb 郊区

≈ countryside 乡下

skirt around 绕道而行

531. **cafeteria** canteen 食堂, 餐厅

restaurant 餐厅

café 咖啡厅

the Internet Café / Bar 网吧

do some exercise 做一些锻炼

work out / solve / figure out the problem 解决问题

natural view 自然景观

express one's view 表达一下观点

532. develop / have good habits 养成好习惯

533. seasonal changes 季节性的变化

public transportation card 交通卡

**534. much / a bit / pretty / far / a little + 比较级**

几乎不: hardly, seldom, rarely, barely, scarcely, little, few

**★: 否定前缀不在整句话中起到否定的作用**

e.g. The truth is unbelievable, isn't it? 真相令人难以致信,

难道不是吗?

Never judge a book by its cover. 不要以貌取人。

draw the curtain 拉窗帘

in addition, what's more, besides meaningful /  
meaningless 有意义的/无意义的

535. necessary 必要的

[opp.] unnecessary 没有必要的

the key to sth. ...的关键

the key to success 成功的秘诀（通往成功的钥匙）

536. used to do sth. 过去常常做某事

be used to doing sth. 习惯于做某事

jump the line / queue 插队

line up 排队

as early / soon as possible 尽早/尽快

537. hobby 爱好

[区分] habit 习惯

be important = be of great importance 重要的

538. [类比] be helpful = be of great help can't wait to do sth. /  
for sth. 等不及要做某事了

can't help doing sth. 情不自禁做某事

a period of time 一段时间

multiply v. 乘

take measures / actions 采取措施



539. sample n. 样本, 样板

a blood sample 血样

[分辨] tongue 舌头

have a sore throat 喉咙痛

540. positive adj. 阳性的, 积极的, 肯定的

[opp.] negative adj. 阴性的, 消极的, 否定的

541. gender 性别

542. change one's mind / idea 改变某人的主意 support v. / n.

支持

behave oneself 要乖 🧒

543. bacon /eɪ/ 培根 🥓

typhoon /aɪ/ /u:/ 台风

544. fierce adj. 凶猛的 /ɪə/

545. sink v. 使...沉没, 沉没 sink – sank – sunk n. 水槽

object to = be against = be opposed to 反对

a display board 一个展板

546. hold sth. tightly / gently 紧紧地/温柔地握住...

再来列一系列系动词吧: look 看起来, sound 听起来, taste 尝起来, feel 感觉, smell 闻起来, become 变得, go 变得, turn 变得, grow 长得, run 变得, be 动词, seem 看起来, appear 看来, remain 保持, stay 保持

547. how is the weather = what's the weather like 天气怎样

to one's surprise 令某人惊喜的是

548. kill sth. for food / fun 为了果腹/取乐而杀戮

take / follow one's advice / suggestions = listen to sb. 听取某人的建议

549. suggestion **for** sth. 对于...的建议 be on time 准时

be in time 及时

be late **for** sth. ...迟到

greet sb. 与某人打招呼

550. have a small talk 闲聊，寒暄

keep one's secret 保留某人的秘密

551. privacy n. 隐私

private adj. 隐私的

552. salary 薪水

what's your weight **?** = how much do you weigh **?** 你多重啊

overweight 超重的

553. religion 宗教信仰

keep eye contact **with** sb. 与某人保持眼神交流

put up / post a post 发一个帖子

thanks to 多亏了

be thankful for sth. / to sb. 感激...

554. anything / something / everything / nothing + adj 任何/

一些/所有/没有...的东西

be nothing new 屡见不鲜，并无新意

555. butcher n. 屠夫

the butcher's (shop) 卖肉店

stop **to do** 停下手中的事**去做**某事

stop **doing** 停下手中**正在做**的某事

stop sb. **(from) doing** sth. 阻止某人做某事

[同类] prevent / prohibit sb. **(from) doing** sth. 防止/禁止某人做某事

556. room **[C] 房间 [U] 空间** = space

fur coat 毛皮大衣

a bus conductor 一个公交车售票员

557. provide sth. **for** sb. = provide sb. **with** sth. 用某物提供某物

[同类] supply sth. **to** sb. = supply sb. **with** sth. 给某人提供某物

[opp.] helpless adj. 无助的

**with** the help of sb. 在某人的帮助下

can't help **doing** sth. = can't help **but do** sth. 情不自禁做某事

make sb. **do** sth. 强迫某人做某事（精神上）

[区分] force sb. **to do** sth. 强迫某人做某事（实际上）

make up one's mind to do sth. 下定决心做某事

make friends with sb. 与某人交朋友

a proper reason 一个恰当的理由

popcorn 爆米花

558. earphone 入耳式耳机

headset ≈ headphone 头戴式耳机

1,000,000 million 一百万

1,000,000,000 billion 十亿

错误: ~~one second~~

错误: ~~one fourth~~

organization n. 组织 简写 org

organize a test / meeting 组织一场考试/会议

基本形式: **it is + 强调成分 + that + 句子剩余部分** 可以  
翻译成 正是... (强调部分) + ... (剩余部分)

559. see / hear / notice sb. **do** sth. 看见/听见/注意到某人做  
某事的**全过程/经常性的事**

[比较] see / hear / notice sb. **doing** sth. 看见/听见/注意到  
某人做某事的一个**瞬间/片段**

**with** the help of sb. 在某人的帮助下

help oneself **to** sth. 尽情享用...

can't help **doing** sth. = can't help **but do** sth. 情不自禁做某  
事

help (sb.) **(to) do** sth. / help (sb.) **with sth.** 帮(某人)做某事/

某事

**be of great help** to sb. = **be helpful** to sb. 对某人有帮助

560. weather n. [U] 天气

[区分] climate 气候

561. generate power / electricity 发电

tidal / wind power 潮汐/风力发电

562. coast 海岸

563. immediately = at once 立刻

**小**的在**前**，**大**的在**后**，成...上...的

tens of hundreds 成十上百的

hundreds of (thousands) 成百上千的

**in** the way **挡路**

**on** the way to sp. 在去某地的**路上**

in many / different ways 用许多/不同的方式

My coat is 3 times as large as yours.

=My coat is 3 times larger than yours.

=My coat is 3 times the size of yours.

564. die v. = lose one's life  $\approx$  pass away 死去

died v. die (死) 的过去式

[区分] dead 死透了的

[再区分] dying 奄奄一息的

deadly adj. 致命的

[最高级] deadliest adj. 最致命的

death n. 死亡

die out 灭绝

die from 因外力而死

[区分 1] die of + disease 因疾病而死

destroy 摧毁 (一般不可修复, 程度更深一些)

damage 损坏 (一般可以修复)

destroy sb. 毁了某人

565. stop / prevent / prohibit sb. (from) doing sth. 阻止/禁止  
某人做某事

do some stretching exercise 做一些伸展运动

566. switch off all the appliances 关闭所有电器

raise money 筹钱

[区分] collect money 收钱

raise a pet / child 养宠物/小孩

raise one's hands 举手

leave a message 留言

on the Internet 在互联网上

1/2: half 错误: ~~one second~~

1/4: a quarter 错误: ~~one fourth~~

3/4: three quarters 错误: ~~three fourths~~

再来列几个分数:

2/5: two fifths

1/5: one fifth

3/6: three sixths = a half

4/7: four sevenths

1/7: one seventh

a drop of dew 一滴露珠 **the** number of sth. drops /  
decreases ...的数量减少了

**the** number of + [C] p.l. + **单数**谓语动词 ...**的数量**

**a** number of + [C] p.l. + **复数**谓语动词 **许多...**

567. crawl 在地上爬

climb 往高处爬

be in danger 处于危险之中

be out of danger ≈ safe and sound 脱险，安然无恙

568. compete v. 竞争 /i:/

competitor n. 竞争者 /e/

competitive adj. 有竞争力的 /e/ (**"ti"**这个音节千万不能漏！)

competition 竞赛 /ə/

compete **with / against** sb. 与某人竞争

a fierce competition 一场激烈的竞争

lose one's sight 失明

569. face the difficulty 面对困难

[对应] lose heart 灰心丧气

570. list all the things tidy up 整理

571. at the moment = now = at present = currently 现在 使用现在进行时

How are you doing today? 你好吗?

How is it going today? 一切顺利吗?

572. bath n. /a:/ 洗澡

bathe v. /eɪ/ 洗澡 = take / have a bath

be bathed in the sun take / have a shower = shower 淋浴, 洗澡

573. almost ≈ nearly 几乎所有 adv.

used to do sth. 过去常常做某事

be used to doing sth. 习惯于做某事【这两个是超级重点】

1° : 作为“鱼肉”时不可数

作为“一整条的鱼”时可数 p.l. fish / fishes starfish 海星 不可数判定同理, 但单复数同形

跟在连词后面的就是从句啦【这么和善的语气莫非你就是JST本人了】e.g. Life is always bittersweet. 生活总是苦乐参半的。

have / take a break 休息一下

break the record 打破纪录



e.g. Justin was too careless to look after the vase. = Justin was not careful enough to look after the vase. JST 不够细心以至于还不能看管这个花瓶

e.g. I'm too excited to come to Justin's home. So do I. 我特别激动想要去 JST 的家里玩。我也是。【这堵墙你喜欢。。。住吗？】

574. hold sth. gently / tightly 温柔地/紧紧地握住某物

575. mammal 哺乳动物（胎生或从蛋破壳而出）

give birth to sb. 生下某人

576. lay v. 下单 v. lie 的过去式【这个也是超级重点】

来来来再来一次 lie 和 lay 的 3x3 表格：

原型 & 解释	过去式	过去分词
lie 撒谎	lied	lied
lie 躺下	lay	lain
lay 下蛋	laid	laid

口诀：撒谎不撒谎

lie / lied / lied to sb. 向某人撒谎

lie / lay / lain on the ground 躺在地上

lay / laid / laid eggs 下蛋

577. break the rules / law 打破规则/法律

[对应] obey / follow / observe the rules / law 遵守法律/规则

578. hybrid n. 杂交 adj. 杂交的

switch on / off = turn on / off 开/关

a drop of water 一滴水

a dripping / broken tap 一个正在滴水/坏掉的水龙头

one another = each other 互相

579. fresh water 淡水

sea water 海水, 咸水

fix sth. / sb. 修理某物/某人

fix one's eyes / attention on sb. 紧盯某人

580. dinosaur 恐龙

581. ocean [C] 五大洋中的大洋

difficulty n. 困难

582. explore v. 探索

583. fairy n. 仙女

fairy tale 童话故事

fable 寓言故事

woods n. 小树林

in turns 轮流

take turns to do sth. 轮流去做某事

lose one's way / sight / life / mind 迷路/失明/丧生/失去理智

lose heart 灰心

Never judge a man by his appearance. = Never judge a book by its cover.

不要以貌取人 make a wish 许愿

deadly adj. 致命的

[区分 1] die of + disease 因疾病而死

die of hunger / starvation 饿死 flush the toilet 冲马桶

under a running tap 在一个开着的水龙头下

a running nose 流鼻涕

584. a washing machine 洗衣机

make full use of sth. = take full advantage of sth. 充分利用某物/某事

have regular exercise = exercise regularly 规则地锻炼 a regular

customer 一个常客

wash the mop 洗拖把

launch a rocket 发射一个火箭

an (early) sign of sth. ...的（早期）征兆

a driverless / self-driving car 一个无人驾驶车

a hard drive 一个硬盘

drive sb. out of / away from home 把某人赶出家门

585. intelligent adj. 聪明的

intelligence n. 智慧

586. starfish n. 海星 单复数同形

切记不可一脚踏两船，不要因为情态动词+动词原形就被迷惑了，看到 there 一定用 be 动词，看到 sb.表示有，一定用 have / has （有些空也需要根据时态三单随机应变）

People's Republic of China 简写 PRC 中华人民共和国

587. 先来看个 found 和 find 的 2\*3 的表格:

原型 & 解释	过去式	过去分词
find 找到	found	found
found 建立	founded	founded

就是可以说跟 lay 和 lie 差不多同理，一起看看吧:

原型 & 解释	过去式	过去分词
lie 撒谎	lied	lied
lie 躺下	lay	lain
lay 下蛋	laid	laid

原型 & 解释	过去式	过去分词
see 看见	saw	seen
saw 锯	sawed	sawn

find sb. **doing** sth. 发现某人**正在做**某事

find sth. **+** **adj.** 发现**某物**...

find Maths easy 发现数学其实不难 【哇 T.T】

refund n. / v. 退款

in **turns** 轮流

take **turns to do** sth. 轮流去做某事

be one's **turn to do** sth. 轮到某人

turn to sb. 转向某人

[延申义] turn **to** sb. for help 寻求某人**帮助**

turn / switch sth. on / off 把某物开/关 turn down / up the volume

把音量调轻/响

turn left / right 左/右转

force sb. **to do** sth. 强迫某人做某

make sb. **do** sth. 强迫某人做某事

588. forest n. 自然形成的森林 /fɒrɪst/

[区分] woods n. 小森林

the Amazon Rainforest 亚马孙雨林

the Lung of the Earth 地球之肺

the water tap 水龙头

tap water 自来水

hollow 一般为**在地上的洞**，**宽而不深**，一般**不可穿过**

hole **最常见**的洞，一般是**可以穿过**的

gap **空隙**，也可以是知识上的漏洞

feel hollow 内心感觉空荡荡/空虚的，形容恐怖/渺茫的感觉/状态

a hollow victory 一个没有意义的胜利

mountain area 山区

time zone 时区

meat section 肉制品区

Baoshan District 宝山区

provide sth. **for** sb. = provide sb. **with** sth. 用某物提供某物

[辨析 1 组] supply sth. **to** sb. = supply sb. **with** sth. 给某人提供某物

[辨析 2 组] buy sth. **for** sb. = buy sb. sth. 给某人买某物

[辨析 3 组] offer sth. **to** sb. = offer sb. sth. 提供某人某物

give sth. **to** sb. = give sb. sth. 给某人某物

hand sth. **to** sb. = hand sb. sth. 把某物递给某人

lend sth. **to** sb. = lend sb. sth. 把某物借给某人

show sth. **to** sb. = show sb. sth. 把某物/某事展现给某人【这一部分抄下来塞笔袋里偷偷看】

a piece of furniture 一件家具

589. insect 昆虫

stop **to do** 停下手中的事**去做**某事

stop **doing** 停下手中**正在做**的某事

lose one's way / sight / life / mind 迷路/失明/丧生=**die**/失去理智

系动词 + **alive** 活着 (**只能跟在系动词后**)

living + n. 活着的... (**只能跟在名词前**)

a live show / stream 一个直播演出/一个直播的流媒体

be alive 活着

a lively child 一个活泼的小孩

590. condition n. 状态 v. 调整 (状态)

conditioner n. 护发素, 调节器

air-conditioner 空调

waste time **on** sb., sth. 在某人/某物/做某事上浪费时间

591. Internet n. 互联网

[pref.] **inter-** **互相之间...**

interact v. 互动

interact with sb. 与某人互动

interviewer n. 采访者 (主动)

interviewee n. 被采访者 (被动)

592. important adj. 重要的

importance n. 重要性

be very important = be of great importance 十分重要

inform sb. of sth. / that + 从句 通知某人某事

well-informed 见多识广的

1° : don't need to do sth. (实义动词)

2° : needn't do sth. (情态动词)

recover v. 恢复

recover from sth. 从...恢复

economic recovery 经济的复苏

discover v. 发现

discovery n. 发现

cover the expenses 承包费用

Never judge a book by its cover. 不要以貌取人。

sth. meet one's eyes = sth. catch one's eye = sth. attract sb. =

sth. draw one's attention 某物吸引住了某人

tourist attraction 景点

593. let's ..., shall we? 让我们一起, 好吗?

[分辨] let us ..., will you? 请允许我们..., 你会吗?

594. create v. 创造

creation n. 造物

creativity n. 创造力

creative adj. 有创造力的

a creative idea 一个有创造力的主意

595. above / under + 数字 高于/低于...

above / under average 在平均之上/下

turn / reach + 岁数 达到...岁

belief n. 信仰

believe / trust in sb. / sth. 相信某人/某事

596. short adj. 短的, 矮的, 缺少的

shorts n. 短裤 (必须+s)

shortage n. 短缺

generation gap 代沟

common sense 常识

sense of humor 幽默感

listen to sb. 倾听某人

[分辨] hear sb. 听见某人

597. a good / great number of + [C] 许多...

a large amount of + [U] 许多

a large quantity of / a lot of + [C] / [U] 许多

598. start / make a fire 生火

catch fire 着火



get fired 被炒了

599. lucky = fortunate adj. 幸运的

luckily = fortunately adv. 幸运的是

[opp.] unluckily = unfortunately adv. 不幸的是

[区分] March 三月

[同音] march v. 前进 n. 游行

long march 长征

march forward 前进，向前发展

a match girl 一个卖火柴的小女孩

a football / basketball match / game 一场足球/篮球比赛

match A with B 把 A 与 B 匹配起来

light / lit a match 点着火柴

burn out (内心) 疲惫

exhausted adj. (身体) 筋疲力尽的

break / burst out 爆发

run out of sth. ... 用完了

[分一分] be / go / run short of sth. ... 短缺

run out of bullets and food 弹尽粮绝

preparation for sth. 做某事的准备工作

prepare to do sth. 准备做某事

tour guide 导游


find 找到 (强调结果)

search / look for / look up 查找 (强调动作)

find sb. doing sth. 发现某人正在做某事

find it + adj. + for sb. to do sth. 发现做某事对某人来说...

be stuck in a traffic jam 被堵在车流中

stick to do sth. 坚持做某事

stick A to B 把 A 粘到 B

walking stick 拐杖

trainer n. 训练官

[分辨] trainee n. 学员

trainer n. 教练 ≈ coach

shop assistant 售货员

assist sb. to do sth. 协助某人完成某事

600. on weekdays = on the weekday 在工作日

at weekends = on the weekend 在周末

[同音] waist n. 腰

[再区分] wrist n. 手腕 (w 不发音)

wristwatch 手表

waist line 腰围线

a rubbish / garbage bin = a trash can 垃圾桶

junk mail 垃圾邮件

dustcart ≈ a rubbish lorry 垃圾车（前面一个小一点，后面一个大一点）

be completely a waste of time / life / money / energy 完全根本就是浪费时间/金钱/精力

suggest **doing** / (that) sb. (should) **do** sth. 建议做某事/某人

depth n. 深度

**how deep** is sth. = **what's** the **depth** of sth. ...多深 thanks to

多亏了 starfish n. 海星 可不可数判断同理，可数时单复数同形

601. 有范围有选择用 **which** 哪一个

无范围无选择用 **what** 什么

602. weightless adj. 失重地

helpless adj. 没有帮助的，无助的

driverless adj. 不需要驾驶员的，无人的

603. ~~have a weightless bone~~ carbon dioxide 缩写 CO<sub>2</sub> 二氧化碳

604. compete v. 竞争 /i:/

competitor n. 竞争者 /e/

competitive adj. 有竞争力的 /e/ (**"ti"**这个音节千万不能漏！)

competition 竞赛 /ə/

compete **with / against** sb. 与某人竞争

a fierce competition 一场激烈的竞争

a dull knife 一把钝的刀

feel dull 感到无精打采

collect money 收钱

[分辨] raise money 筹钱

in capital letters 用大写字母

605. ~~[非正式] sakura~~ monument n. 纪念碑（为纪念伟大人物）

tomb n. 坟墓（普通老百姓所拥有的）

606. sea of flowers 花之海

American n. 美国人[C] p.l. Americans adj. 美国的

remember sb. 纪念某人

remember to do sth. 记得去做某事（还没做）

remember doing sth. 记得做过某事（不一定做了，但事实摆在面前）

buy sth. for sb. = buy sb. sth. 给某人买某物 give sth. to sb. =

give sb. sth. 给某人某物

607. the story goes that 据说...（引入故事内容）

it is said that 据说...（同样引入故事内容）

marker n. 马克笔，记号笔

608. press v. 按压 n. 媒体

pressure n. 压力

be under high pressure 在高压之下

609. press conference 媒体发布会 make it to top = succeed  
成功

610. in early days 在早年

611. the disabled 残疾人

612. lane n. 弄堂, 里弄, 车道(我找了半天, 原来弄读 lòng)

drop out of school 辍学

play an important / major role in sth. 在...中起到重要作用

613. play hopscotch 跳房子/跳格子

catch crickets 打板球

hide and seek 捉迷藏

seek – sought – sought provide sth. for sb. = provide sb. with  
sth. 提供某人某物

square kilometers 平方千米 Tian'anmen Square 天安门广场

614. (错误示范: ~~Let's run him after~~) 【你只要记 run after 这样的

的词组就行了, 这个总结看起来更麻烦了】 would rather

(not) do sth. = prefer (not) to do sth. 宁愿(不)做某事

would rather do A than do B = prefer doing A to doing B 比  
起 B 来更愿意做 A

从句: 跟在连词后的一句话

lose / gain / put on weight How much does sb. weigh? =

What's one's weight? ...多重?

loss n. 丢失, 损失

loser n. 失败者

be at a loss 感到茫然

lose one's way = get / be lost 迷路

lose one's sight = go blind 失明

lose one's life = die / pass away 丧生

lose one's mind / head = go crazy 疯掉了

with the help of sb. 在某人的帮助下

help oneself to sth. 尽情享用...

can't help doing sth. = can't help but do sth. 情不自禁做某事

help (sb.) (to) do sth. / help (sb.) with sth. 帮(某人)做某事/某事

be of great help to sb. = be helpful to sb. 对某人有帮助

long long ago, once upon a time leave sb. behind 把某人丢下

ask for a leave 请假

【玻璃心了】 will do 有意愿去做某事

be going to do 计划好了要去做某事

be to do [正式]计划好了打算做

be about to do 在很快的时间内就要去做

walk / run / fly / move about / around 到处走来走去/跑来

跑去/飞来飞去/动来动去

let it go 让它过去吧

junk mail 垃圾邮件

junk food 垃圾食品

deep-fried food 油炸食品

air frier 空气炸锅【我买到了!】

word /ɜ:/ 词

world /ɜ:/ 世界

work /ɜ:/ 工作

walk /ɔ:/ 走路

plastic bag 塑料袋

615. material n. 材料

learning / listening / writing / reading material 学习/听力/  
写作/阅读材料

616. environment n. 环境

atmosphere n. 大气层, 氛围

atmospheric pollution 大气污染

environmentally friendly 对环境友好的

force sb. to do sth. 强迫某人做某事 (外力上)

make sb. do sth. 强迫/命令/使得某人做某事 (精神上)

617. interest n. 兴趣, 利息, 利益 v. 使...感兴趣 (使动用法)

sth. interests sb. 某物使某人感兴趣

interest rate 利息率

618. bully v. 霸凌

school bullying 校园霸凌

[区分] at the moment = now = at present = currently 现

(现在进行时标志词)

teach sb. (not) to do / + 从句 / sth. / about sth. 教某人(不)  
去做/.../某事/关于某事

go / leaf through the book 通读全书

go through 贯穿, 穿过

go through the tunnel 穿过隧道

a man with few words = a quiet man = a man who is a quiet  
type 一个沉默寡言的人

provide sth. for sb. = provide sb. with sth. 提供某人某物

the Oriental Pearl TV Tower 东方明珠电视塔

619. a packet of ... 一包...smooth adj. 光滑的, 顺利的,

流畅的, 顺畅的... v. 弄平

a rough pineapple 一个粗糙的菠萝

write smoothly 写起来很流畅

a smooth landing 一次平稳的降落

a smooth talker 能说会道的人

chat box 聊天框

chatroom n. 聊天室



620. on the tree 在树上 (本来就在树上的东西, 叶子, 花, 果子...)

in the tree 在树上 (后上树的东西, 人, 鸟...)

learn a lesson 吸取教训

give sb. a lesson 给某人上课

[分辨] teach sb. a lesson 给某人一个教训

course 一学期的课程, 通常为多个课程的合体

621. squirrel n. 松鼠

[区分] quarrel v. 吵架

be in danger of doing sth. 处于会...的危险之中

be out of danger ≈ safe and sound 脱险, 安然无恙

be made of 由...制成 (看得见原材料, 物体本质没有变)

be made from 由...制成 (看不见原材料, 本质变了)

622. Think twice before you do sth. = Look before you leap. 三思而后行。(注意前一个是 twice 不是 three times!)

623. present = gift n. 礼物=gift, 时刻 /'preznt/ v. 演示 /

prɪ'zent/ adj. 目前的, 现在的 符合名前动后的重音规则

present sb. with sth. = present sth. to sb. 向某人展示某物

at present = now 现在

624. female 雌性的, 女性的 (可以是动物)

male 雄性的, 男性的 (可以是动物)

historic = of history adj. 有历史意义的, 在历史上十分重要

的

[分辨] historical = about history adj. 历史的, 形容时间

是在以前

625. frozen adj. 冷冻的

freeze v. 冷冻

sacrifice oneself to do sth. / for sb. / for sth. 牺牲自己为了  
做某事/某人某事

divide A into B = divide B from A 把 A 分割/分裂成了 B

626. peace n. 平静, 和平

peaceful adj. 平静的, 和平的

rest in peace 缩写 R.I.P. 安息

be made of 由...制成 (看得见原材料, 本质形态没有变)

be made from 由...制成 (看不见原材料, 本质或形态变了)

627. would rather (not) do sth. = prefer (not) to do sth. clay n.

黏土

craftsman 手艺人 p.l. craftsmen

a rough pineapple 一个粗糙的菠萝

have a rough / tough time 日子很艰难

a tough guy 一个顽强的人

a tough / troublesome / difficult / hard mathematic  
problem 一个棘手的数学问题

a smooth landing 一次平稳的降落

a smooth talker 能说会道的人

touch screen 触摸屏

sth. is touching 某事很感人 (不用 moving 是因为 moving 有移动的意思, 为了避免歧义)

think about 考虑

think of 想起 / 想到

628. project n. 项目 v. 设计

deep fry 油炸

[区别] stir fry 炒

deep-fried chicken wings 油炸鸡翅膀

stir-fried rice 炒饭

the rich, the richer, the richest 有钱人, 更有钱的人, 最有钱的人

the hairdresser / barber's 理发店

the butcher's 卖肉店

be caught by the rain 被淋成落汤鸡

be caught / stuck in traffic jams 被堵在车流里

629. skate v. 滑冰

ski v. 滑雪

freezingly cold 非常寒冷的

frozen food 冷冻食品

a thick layer of snow 一层厚厚的雪

原型 & 解释	过去式	过去分词
bear 忍受, 出生	bore	born
bore 使...无聊, 厌倦	bored	bored

原型 & 解释	过去式	过去分词
see 看见	saw	seen
saw 锯	sawed	sawn

原型 & 解释	过去式	过去分词
lie 撒谎	lied	lied
lie 躺下	lay	lain
lay 下蛋	laid	laid

原型 & 解释	过去式	过去分词
find 找到	found	found
found 建立	founded	founded

place of interest 名胜古迹

interest rate 利息率

630. sandcastle n. 沙堡

631. metal adj. 金属的

[区分] medal n. 奖牌

[也要区分] mental adj. 精神上的 (与 physical 相对)

raise money 筹钱

raise a pet / child 养宠物/小孩

raise one's hands 举手

632. celebrate v. 庆祝 / 赞美

celebration n. 庆祝

celebrity n. 名人

633. put one's heart **into** sth. 用心做...

634. depend v. 依赖，取决于

dependent adj. 依赖的

[opp.] independent adj. 独立的

be independent **of sb.** 对某人不依赖

be dependent **on sb.** 对某人依赖（介词注意，不一样）

635. it depends 视情况而定 champion n. 冠军

championship n. 冠军的称号，锦标赛

636. compete v. 竞争 /i:/

competitor n. 竞争者 /e/

competitive adj. 有竞争力的 /e/

competition 竞赛 /ə/（读音都要注意注意）

a fierce competition 一场激烈的竞争

compete **with / against** sb. 与某人竞争

compete for sth. / to do sth. 为了某事/做某事而竞争

[opp.] **uncountable** adj. 不可数的

[区分] **countless** adj. 数不清的（可以数，但是数不清）

be made **of** 由...制成（看得见原材料，**本质形态没有变**）

be made **from** 由...制成（看不见原材料，**本质或形态变了**）

make up one's mind 下定决心

637. furniture n. [U] 家具

a piece of furniture 一件家具

only + a little / a few 只有一些...

几乎不: hardly, seldom, rarely, barely, scarcely, little, few

没有: no, never, none, nothing, nowhere, neither, nor, not

[同样过去式过去分词同形] read-read-read hurt-hurt-hurt

cut-cut-cut cost-cost-cost...

disaster hit sp. 灾难降临到了...

hit the market / road 上市/路

strike / hit sb. 打某人

provide sth. for sb. = provide sb. with sth. 提供某人某物

638. stop doing 停止手中的某事

stop to do 停下手中的事去做某事

639. metal adj. 金属的

[区分] medal n. 奖牌

[也要区分] mental adj. 精神上的 (与 physical 相对)

mental / physical labor / health 脑力劳动/体力劳动/心理健康/

身体健康

learning / listening / writing / reading materials 学习/听力/

写作/阅读材料

have a promising future 前途似锦

promise (sb.) (not) to do sth. / + 从句 承诺 (某人) (不)

去做某事/...keep / break one's promise 信守/违背承诺

look into ≈ investigate 着手调查

look around 到处逛逛，环视四周

640. assistant n. 助理，助手

a boarding card / pass 登机牌

board a plane / ship 登机/船

641. laundry n. 洗衣店，洗衣房，要洗的衣服

do the laundry = wash the clothes 洗衣服

<sup>123456123</sup>over 与物体并不接触的上方，且需要是正上方

on 与物体接触的上方

above 与物体并不接触的上方，只需高度高即可

642. what's worse 更糟糕的是 chemical n. [C] 化学品 adj.

化学的

chemistry n. 化学

chemist n. 化学家

chemical reactions 化学反应

643. zoologist n. 动物学家

644. biologist 生物学家 chemist 化学家, artist 艺术家 even if

即使 = even though

float v. 飘浮，漂浮

原型 & 解释	过去式	过去分词
lie 撒谎	lied	lied
lie 躺下	lay	lain

lay 下蛋	laid	laid
--------	------	------

口诀：撒谎不撒谎

lie to sb. 向某人撒谎

lie on the ground 躺在地上

lay eggs 下蛋

原型 & 解释	过去式	过去分词
see 看见	saw	seen
saw 锯	sawed	sawn

build relationship 建立友谊，建立关系 -ship 表示 状态，关系

relative n. 亲戚 adj. 相对

645. communicate v. 沟通，交流

communication n. 沟通

share experience 分享经验

646. in weight / height / width / length / area / depth 就重量 / 高度 / 宽度 / 长度 / 面积 / 深度而言

对象	基本形容词	名词	其他形容词	疑问句 1 (用形容词作)	中文	疑问句 2 (用名词作)	中文
长度	long	length	short	How long is sth.?	…多长	What's the length of sth.?	…的长度是多少?
宽度	wide	width	narrow	How wide is sth.?	…多宽	What's the width of sth.?	…的宽度是多少?
深度	deep	depth	shallow	How deep is sth.?	…多深	What's the depth of sth.?	…的深度是多少?
高度	high	height	short / tall	How high is sth.?	…多高	What's the height of sth.?	…的高度是多少?
重量	weigh(例外, 动词)	weight	fat / thin / heavy	例外,用动词做: How much do sth. weigh?	…多重	What's the weight of sth.?	…的重量是多少?

fill in / out the form / sheet 填表



fill gaps in knowledge 填补知识空洞

provide sth. **for** sb. = provide sb. **with** sth. 提供某人某物

the butcher's 卖肉店

a piece of furniture 一件家具

rubbish / garbage sorting 垃圾分类

错误: ~~one second~~

错误: ~~one fourth~~

错误: ~~three fourths~~

2/5: two fifths

1/5: one fifth

3/6: three sixths = a half

4/7: four sevenths

1/7: one seventh

647. from then on = since then 自那时起 ( **现在完成时** 标志词)

from now on 从现在开始

have a good / poor mobile / Wi-Fi signal 有一个好的/糟糕的手机/Wi-Fi 信号

a bus conductor 一个公交车售票员

e.g. Justin is 314 times as heavy as me.

= Justin's weight is 314 times mine.

= Justin's weight is 313 times more than mine.

= My weight is  $\frac{1}{314}$  times Justin's.

= Justin is 314 times the weight of mine.

while: 前后都是进行时, 前后两件事必须同时进行

while: 前后对比, 前后可同时正常存在 (类似 ⚖️)

~~shit~~ (类似脏话了, 但是口语中很常见) all 全部 /ɔ:/

almost 几乎 /ɔ:l/

already 已经 /ɔ:l/

provide sth. for sb. = provide sb. with sth. 提供某人某物

再来列一系列系动词: look 看起来, sound 听起来, taste 尝起来, feel 感觉, smell 闻起来, become 变得, go 变得, turn 变得, get 变得, grow 长得, run 变得, be 动词, seem 看起来, appear 看来, remain 保持, stay 保持, maintain 保持, hold 保持

648. suddenly adv. 突然

= all of a sudden 突然 (这个就是用名词作)

649. fairy tale 童话故事

fairy n. 仙女

<sup>12</sup>an air-conditioned room 一个空调加持的房间

Q: Would you like sth.? = Do you want sth.? 你想要某物吗

A: Yes, please. / No, thanks. / 一般疑问句常规回答

[回答相同] Would you like me to do sth.? 你想要我...吗?

A: Yes, please. / No, thanks. / 一般疑问句常规回答

[另一组,区分] Q: Would you like to do sth.? 你愿意...吗?

A: Yes, I'd love to (肯定) / Yes, I'd like to, but... (否定)

would rather (not) do sth. = prefer (not) to do sth. 宁愿(不)做某事

would rather do A than do B = prefer doing A to doing

B 比起 B 来更愿意做 A

Q: How do you do? 你好呀

A: How do you do? 你也好呀

Q: How are you doing? = What's up? 最近咋样呢?

650. capital n. 首都, 资本 adj. 大写的

grow/raise a plant 种植一个植物

pass away 去世

pass an exam 通过了考试

错误: ~~one second~~

错误: ~~one fourth~~

错误: ~~three fourths~~

2/5: two fifths

1/5: one fifth

3/6: three sixths = a half

4/7: four sevenths

1/7: one seventh

take a deep breath 深呼吸

breathe fresh air 呼吸新鲜空气

be / run out of breath 上气不接下气

651. lift n. 电梯 v. 举起

elevator n. 升降梯（这个和上面一个都是直上直下的）

escalator n. 自动扶梯（这个是有个坡缓缓地上下）

raise v.t. （及物动词）举起

rise v.i. （不及物动词）升起

remember to do sth. 记得去做某事（还没做）

remember doing sth. 记得做过某事（不一定做了，但事实摆在面前）

652. metal adj. 金属的

[区分] medal n. 奖牌

[也要区分] mental adj. 精神上的（与 physical 相对）

653. fix v. 固定，修理

the rough sea 波涛汹涌的大海

654. have a rough / tough time 日子很艰难 fierce adj. 凶猛的，激烈的

fiercely adv. 凶猛地

fierce competition 一个激烈的竞争

655. passenger n. 旅客

656. passage n. 文章 单数 单数 复数 复数 单数 单数

departure / arrival time 出发/到达时间

a piece of furniture 一件家具

<sup>12</sup>be / run out of breath 上气不接下气

657. lucky = fortunate adj. 幸运的

luckily = fortunately adv. 幸运的是

658. enter v. 进入

entrance n. 入口

college / high school entrance exam 高/中考

at the entrance of sp. 在某地的入口

in + 一段时间 在...内 一将标志词 用 **How soon** 提问

for + 一段时间 持续了... 现在完成时 或 一般过去时标志词 用 **How long** 提问

break the rules / law 打破规则/法律

[对应] obey / follow / observe the rules / law 遵守法律/规则

have / take a break 休息一下

break the record 打破纪录

659. elder adj. 年老的

the elderly 老年人

elder sister / brother 姐姐/哥哥

pick the berries 摘（树上的）树莓

[区分] pick **up** the berries 捡起（地上的）树莓

be (slightly) different / differ / vary **from** 与...（轻微）不同

tell the difference **between** 区分...

livable adj. 宜居的

living creatures / things 生物/活着的一切

be alive 活着

a lively child 一个活泼的小孩

do / conduct a survey 做一份问卷调查

drive sb. **to do** sth. 驱使某人做某事 (影响某人使得某人去做某事)

push sb. **to do** sth. 驱使某人做某事

motivate sb. **to do** sth. 激励某人做某事

660. sweep the floor 拖地

661. balcony n. 阳台

dustman  $\approx$  cleaner 清洁工

a neat handwriting 一个清楚的字迹

tidy up the room 整理房间, 清扫房间

662. show no interest **in (doing)** sth. = be not interested in (doing) sth. 对(做)某事并不感兴趣